

WISCONSIN BASECAMP

GEAR LIST

- **Required Gear is in bold**
- Optional Gear is not bold

BEDDING

- **1 “3 season” down or synthetic fill sleeping bag (synthetic is preferable) with a water-repellant stuff sack**
- **1 compact Therm-a-rest style camp pad**

FOOTWEAR

- **1 pair running or athletic shoes**
- **1 pair lightweight hiking boots or rugged athletic shoes**
- **3+ pairs of socks (at least 1 wool)**
- 1 pair Teva or Chaco style athletic sandals

HEADWEAR

- **Brimmed hat (e.g. baseball cap or visor)**
- Sunglasses

UPPER BODY

- **3 T-shirts (cotton is ok)**
- **Long Sleeve T-shirt (cotton is ok)**
- **Light to medium weight fleece jacket/wool sweater**
- **Lightweight synthetic long underwear top – polypropylene**

LOWER BODY

- **Underwear as needed**
- **2 pairs of shorts**
- **Swimsuit**
- **1 pair long pants (no jeans)**

RAIN GEAR

- **Rain jacket – waterproof – coated nylon or waterproof/breathable fabric**
- Rain pants – waterproof

TOILETRIES

- **Toothbrush, toothpaste, sunscreen, lip balm, insect repellent (no aerosols), biodegradable soap if needed, *no make-up please***
- Small pack towel
- ANY MEDICATIONS YOU NEED DURING THE TRIP (prescription or allergy)

MISCELLANEOUS ITEMS

- **Medium size backpack that ALL personal gear can fit into, including bedding**
- **Pack liner or heavy duty garbage bag**
- **flashlight or headlamp with fresh batteries**
- **pen/pencils**
- **journal/notebook**
- **money (\$20-\$40)**
- book
- compact folding camp chair (Crazy Creek style only)
- glasses or contact lenses (if needed)
- small travel pillow (full size will not be allowed)
- camera

COOKING

- **unbreakable bowl, cup or mug with handle, and fork and spoon (or spork)**
- **1-quart water bottle (Nalgene style)**